 **YOG/U18 Junior Clinic**

### September 20 -22, 2019

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Granite Curling Club | 1440 N 128th Street, Seattle, WA 98133 | 206.362.2446

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This event is being put together to provide an opportunity for all competitive teams to get some on-ice time and practice before YOG trials. There is NO cost to attend.

You must be playing on either a U18 Team or YOG Trial team to participate in this event. Your entire team does not have to attend, although it is recommended. Coaches are encouraged to attend with their teams.

**SCHEDULE:**

**FRIDAY:** 12- 5pm Ice available for open practice

5-6pm Dinner

6-9pm Group Activity

**SATURDAY:** 9-10am Warm Up & Timing Clinic (techniques & strategy)

10am-12pm: RR 4-End Timed Games

12-1pm LUNCH

1-2pm Strategy Clinic (5 Rock Rule & Revisit Timing)

2–4pm RR 4-End Timed Games

4-6pm FREE TIME/Individual Coaching

6-7pm Dinner

7-9pm Skills Smackdown (Juniors complete against GCC members)

**SUNDAY:** For any teams/individuals that can participate

9-11am RR 4-End Timed Games

11am- 3pm Individual Coaching/Open Ice

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**WHAT’S INCLUDED:** Food (Lunch & Dinner), and snacks *(Donations accepted)*

**DEADLINE TO REGISTER:** September 8, 2019

**REGISTER ONLINE:** <http://curlingseattle.org/bonspiels>

**QUESTIONS?** Email Lisa Rauliuk @ [juniors@curlingseattle.org](mailto:juniors@curlingseattle.org)

**BILLETING:** May be available with club members. *Please advise ASAP if interested.*